

Exit Packet



Congratulations on completing the Young Adult Rapid Rehousing (YARR) program. We are glad to have been able to support you with your housing and wish you the best of luck going forward.

This packet has general information and resources related to housing

YARR - 2 years of housing support

MaineHousing - Voucher that helps pay for rent

Landlord - Who you rent from

Maine State Housing Authority

Email: Section8HCV@mainehousing.org

Phone: [\(207\) 626-4600](tel:(207)626-4600)

MaineHousing is the holder of your Housing Voucher

- Your voucher is assisting you with your rent
- You can keep your voucher for as long as you qualify and meet MaineHousing requirements

For any questions regarding your voucher, reach out to MaineHousing directly

- MaineHousing should be informed of any income and household changes within 10-14 days
 - Failure to communicate changes with MaineHousing could result in MaineHousing voucher termination

Annual Recertification Packet & Inspection:

- Each year you will receive a packet from MaineHousing in the mail. The Annual Recertification Packet is for MaineHousing to confirm the information they have is correct and make any changes or updates
- You must review, complete and return the packet to MaineHousing by the due date
 - Either fill out the forms and then mail back to MaineHousing OR fill out the forms and then take a photo of each page - Email the pages to the section8 email
- **MaineHousing will also inspect your unit each year**

***If you do not complete and return the packet to MaineHousing
by the due date MaineHousing may terminate your voucher***

Landlord

Landlord Contact Information

- **Name:**
- **Phone number:**
- **Email:**
- **Address:**

Your landlord is the owner of the apartment

- Reach out to your landlord directly with any questions about your apartment, lease, rent, repairs needed, or issues
- You should inform your landlord of any changes or issues with the unit as soon as possible
- A copy of your most recent lease was included in the email sent with this packet

Lease & Lease Renewal

You have a lease with your landlord for your apartment

- o It is very important for you to review and keep this document

A lease is the legal contract between you (the tenant) and the landlord agreeing to the terms and requirements of the apartment

- o The lease provides information about the rent amount, who pays for each utility, the rules of the apartment, pet policy, roommates, guests, parking, garbage, and when the lease ends
- o The end date listed on the lease requires you to renew with your landlord or move out. Initially your lease will be for one year
- **A lease agreement starts when the document is signed and ends on the date listed. This means you agree to live in the unit from the time you sign the lease until the end date listed. Towards the end of the year (or the date listed on the lease) you will need to contact your landlord to discuss renewing the lease or moving out.**
 - o The landlord can choose to renew the lease for another year or change the agreement to continue on a month-to-month basis or not renew the lease
- **If your lease renews annually you will want to contact your landlord 30 days (or more depending on what your lease says) to discuss staying or moving out of the apartment.**
 - o Once the lease is renewed the document must be sent to MaineHousing
 - o This can affect your rent amount and voucher
- **If your landlord decided to continue on a month-to-month basis this means you will not sign a new lease. You will now be living there with the same agreement/rules/requirements until either you or the landlord provides a 30-day notice to move out.**
 - o You have the option to provide the landlord with a 30 day notice you are moving out
 - o This also gives the landlord the option to provide a 30-day notice for you to move out

Resources & Contact Information

211

Website: [211 Maine | Services Directory & Assistance Programs](#)

Search for any resources in Maine by choosing the town and what you are looking for

Central Maine Power

Website: [Login \(cmpco.com\)](#)

Phone: 800.750.4000

Live Support Hours: Mon-Fri 7:30 a.m. - 6 p.m.

Self-Service Automated Phone Support 24x7

New Service Support Hours (select option 4): Mon-Fri 7:30 a.m. - 4 p.m

*For any questions with utility bill, or outages please contact **Central Maine Power** directly*

CMP-Low Income Assistance Program (LIAP/HEAP)

To apply for potential support from Central Maine Power with overdue CMP bill balances, visit the website below and contact your local Community Action Agency

[Home Energy Assistance Program \(mainehousing.org\)](#)

Emergency Heating Assistance

HEAP/LIAP Website: [Home Energy Assistance Program \(mainehousing.org\)](#)

My Maine Connections

- Phone: 1-855-797-4357
- Website: [Home \(mymaineconnection.gov\)](#)
 - Sign into “**My Maine Connections**” to apply to or update any benefits below
 - **MaineCare**
 - **SNAP (Food Assistance)**
 - **TANF (Cash Assistance)**
 - **Higher Opportunity for Pathways to Employment (HOPE)**
 - **Emergency Assistance (EA)**

For help logging into your My Maine Connection Account: MMCHelp.DHHS@maine.gov

Resource Packet

Young Adult Rapid Rehousing (YARR)

Mainecare Providers

Website: [Health PAS-OnLine \(maine.gov\)](https://www.healthpas.org/)

Search any type of provider (PCP, therapy, counseling, eye) AND the area you need (town/ county)

Food Pantries

Food Pantry Search Website: <https://www.foodpantries.org/st/maine>

Use the link to search for Food pantries in your area. Reminder to review food pantry hours of operation and requirements before arriving

Employment

Maine Career Center website: [Maine CareerCenters](https://www.mainecc.org/)

Maine Career Centers provide a variety of employment and training services at no charge for Maine workers and businesses. You can improve your job qualifications, explore a different profession, find a new career or hire an employee, the CareerCenter can help

Therapist/Psychiatrist

Link: [Psychology Today: Health, Help, Happiness + Find a Therapist](https://www.psychologytoday.com/us/health-help/happiness-find-a-therapist)

Childcare Subsidy

DHHS - [OCFS Home | Department of Health and Human Services \(maine.gov\)](https://www.dhhs.gov/ocfs)

Crisis & Suicide Prevention (24/7) Hotline

- **Phone:** (888) 568-1112 or 988
- **Call, Text or Chat:** [Maine Suicide Prevention Program | Maine DHHS](https://www.maine.gov/dhhs/ocfs/suicide-prevention-program/)
- **Non-Crisis Line for Services:** (207) 626-3414



Health Providers	Provider Name	Location	Title	Meeting Date/Time	Goals/Outcome
Dentist					
PCP					
Case Management					
Counselor/Therapist					
Other provider:					
Other provider:					
Other provider:					

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